



Nano Nagle Icon Panel.
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Nano Nagle Place, Cork, Ireland

We, Presentation people, commit to respond to the cry of Earth and to people made poor by embracing the Sustainable Development Goals, providing us a plan of action for living the values of Nano's life. IPA Mission Statement

Contemplative Action

LAUDATO SI: A CALL TO ECOLOGICAL CONVERSION

Adoption of Simple Lifestyles

is grounded in the idea of sufficiency and in promoting sobriety in the use of resources and energy.
(Laudato Si Goal 4)

DEEDS: A CALL TO ACTION

- Leave your car at home and increase your daily physical activity by walking to work or your ministry activities.
- Focus your purchasing on free-trade products where possible.
- Purchase only the food that you need to prevent food wastage and consider your home environmental practices e.g. composting.
- Reflect on the question: "Do I really need this or Do I want this?" when purchasing.

WORDS: A CALL TO REFLECT

Our mission is to speak and act in partnership with others for global justice from a contemplative stance in a spirit of oneness for the whole of creation.

2017 IPA Assembly

How could contemplative action inform your approach to adopting a simpler lifestyle?

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

